

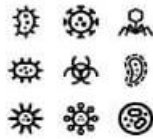
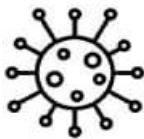
1. Pon una ✓ a las oraciones que son verdaderas.
2. Pon una ✓ a la respuesta correcta. Une la lista A con la B y contesta las preguntas.

Why We Stay Home

Suzie Learns about Coronavirus

Suzie could not sleep, so she went to see her sister, Millie, in her room. They started talking about coronavirus because Suzie wanted to learn more about it. This was what Millie told her:

1. Coronavirus is a virus, a small germ that you cannot see. Germs are everywhere; our bodies, chairs we sit on, even the door handle to your favourite ice cream parlor.



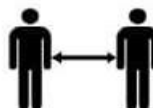
2. Some germs are good, but the coronavirus is a bad germ, and it can make some people really sick like Grandpa and Grandma. So everyone has been staying home to make sure the coronavirus doesn't spread to them. This is what quarantine means.



3. Someone who is sick with coronavirus has cough, fever and sore throat.



4. We need to wash our hands with soap, wear a mask when we go to the grocery store and stand six feet apart while we wait in line. This is called social distancing.



5. There are some ways we can say hello to those who don't live with us. We can video chat them on Mommy's computer or call them on the phone. We can also send messages to check on them.



No.	Statement	Is it correct?
1.	Coronavirus is a type of germ that causes harm.	
2.	Coronavirus can be seen clearly with your eyes.	
3.	All germs are good.	
4.	Germs can be found on a chair and in our bodies.	
5.	Coronavirus can get the elderly to be really sick.	
6.	Quarantine means to go outside of the house and play at the park with siblings.	
7.	Someone who has fever and cough may be infected by coronavirus.	
8.	All of us need to wash our hands with water only.	
9.	When we go out to buy supplies, we must wear a mask.	
10.	Social distancing means we stand six feet apart while waiting in line.	
11.	We can video chat to catch up with others.	
12.	We can arrange for a small gathering with our friends for a birthday party.	
13.	We can send messages or call our friends.	

Instruction: Tick (✓) the correct answer.

1) Coronavirus is

a dangerous virus because it can spread to everyone.	
a type of germ that does no harm to people.	

2) Quarantine means you do the following except

stay at home with family.	
don't go out of the house unless it is necessary.	
go to the cinema to watch a movie.	

Instruction: Match the phrases from List A to List B correctly.

List A	List B
A person who has coronavirus	to check up on our friends.
We need to practise good hygiene	by washing our hands frequently with soap.
We can do a video call	has a high temperature and is usually coughing.

Instruction: Answer the question in a full sentence.

1) Why do we need to wear a mask when we want to go out?

.....

2) How do you feel when you cannot go to school because of coronavirus?

.....

INSTRUCCIONES:

Actividad 1. lee el texto sobre un desayuno saludable y contesta las preguntas.

Actividad 2. Lee el texto e investiga el nombre de cada alimento, circula con verde los saludables y rojo las chatarras.

Actividad 3. Investiga el nombre de cada grupo de la pirámide y da un ejemplo. Haz 3 oraciones sobre lo que te gusta y no te gusta. Finalmente menciona tu comida favorita

ENTREGA 21
DE MAYO

Read the paragraph. Then answer the questions.

Big on Breakfast

Do you eat breakfast every day? Researchers have found that people who eat a balanced breakfast are likely to be healthier than those who don't. One reason is that most people eat whole grains at breakfast, and these promote good health. Breakfast eaters also tend to have fewer weight problems than those who skip the meal. People who don't eat breakfast usually eat too much later in the day. Often, these foods are not healthy and cause weight gain and other problems. So, be sure to eat breakfast. It is definitely the most important meal of the day.



1. The main idea of this paragraph is
☐ A. breakfast is the most important meal.
☐ B. breakfast is a delicious meal.
☐ C. skipping breakfast makes you hungry.
☐ D. breakfast eaters have fewer weight problems.
2. A supporting detail is
☐ A. people eat too much at lunch.
☐ B. only healthy people eat breakfast.
☐ C. no one has time to eat breakfast.
☐ D. whole grains at breakfast promote health.
3. Write *fact* or *opinion* next to each statement.
_____ A. People who don't eat breakfast usually eat too much later in the day.
_____ B. Often, these foods are not healthy and cause weight gain and other problems.
_____ C. It is definitely the most important meal of the day.
4. Which word reflects the writer's point of view about the value of breakfast?
☐ A. unsure ☐ B. entertained ☐ C. convinced

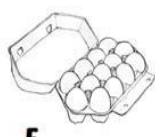
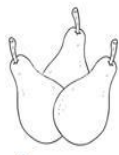
What is healthy eating?

Donuts, pizza, hamburgers and ice-cream sound like fantastic things to eat, but are they really healthy? We all like that sort of food, but it can't be part of our regular diet. What should be part of our diet then? Here are a few tips for you:

- The more vegetables, the better (except for potatoes).
- Eat plenty of fruits of all colors like apples, pears and oranges.
- Choose beans and peas as well as fish and eggs for protein.
- Stay away from processed meats like bacon and sausages.
- Don't use too much butter.
- Milk is a good source of calcium and vitamin D.
- Water is always the best choice!



Look at the pictures. Circle in green all the HEALTHY food and in red all the UNHEALTHY food.
Then find the words in the text and write the food.



B _____

P _____

P _____

E _____

H _____



S _____

D _____

B _____

M _____

P _____



I _____

W _____

F _____

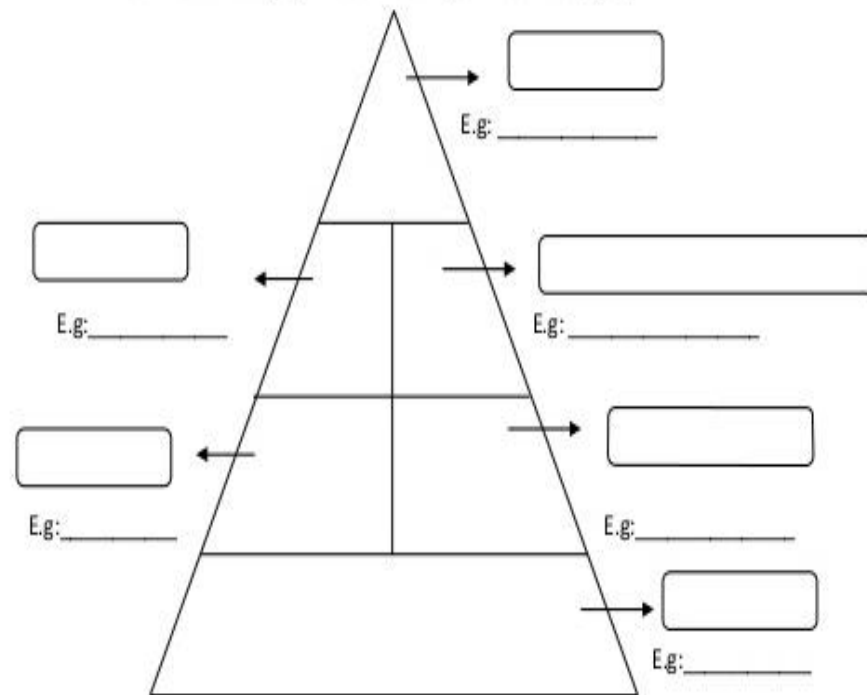
P _____

O _____

A _____

1) FOOD PYRAMID

Write the food category. Write an example for each category.



2) Complete the sentences.

I like BUT I don't like

I BUT I

I

My favourite food is